**Research Pearls & Pitfalls**

Have reasonable goals

Use F.I.N.E.R.

Get a mentor

Establish authorship roles

Take a research course

Know your material

Practice, practice, practice

Believe in yourself, but listen to others

Everything takes 4 times as long as you think it will

Target a journal

Follow the journal’s instructions for authors

Reward your study supporters

Make your work cut several ways

Join a research “community”

Figure out why your project will fail, use this information to make it succeed

Celebrate your accomplishments